

Sport	Name of Club	Contact	Venue Address	Address Line 2	Address Line 3	Postcode	Telephone	Email	Website	Accreditation	Disabilities	Training
American Football	Maidstone Pumas	Ian Miles	New Line Learning	Boughton Lane	Maidstone	9GL		<a href="mailto:info@maidstonepumas.com">info@maidstonepumas.com</a>	<a href="http://www.maidstonepumas.com">www.maidstonepumas.com</a>			
Artistic Roller Skating	Kent Artistic Roller Dance Club	Jackie Terenzi	YMCA	Melrose Close	Maidstone	ME15 6BD	01622 688001	<a href="mailto:jkroach@aol.com">jkroach@aol.com</a>	<a href="http://www.kentrc.co.uk">www.kentrc.co.uk</a>		Yes	YMCA Maidstone, Rochester, Strood, Sittingbourne - Various times
Athletics	Medway and Maidstone Athletics Club	Chris Bowman	Sutton Valence School	Maidstone		ME17 3HL	01622 600418	<a href="mailto:contact@mainmae.org">contact@mainmae.org</a>	<a href="http://www.mainmae.org">www.mainmae.org</a>	Clubmark	Yes	Various sessions at Sutton Valence School/ Deangate Ridge Athletic Track, Hoop/ Black Lion Leisure Centre, Gillingham
Badminton	Coxheath Badminton Club	Andrew Baker	Coxheath Village Hall	Stockett Lane	Coxheath		01622 745264	<a href="mailto:andrew.baker@btopenworld.com">andrew.baker@btopenworld.com</a>				Club night - Monday 8-10pm
Baseball	Kent Baseball Club	Simon Carter					07857 643200	<a href="mailto:simcarter@aol.com">simcarter@aol.com</a>	<a href="http://www.kentbaseballclub.co.uk">www.kentbaseballclub.co.uk</a>		Yes	Adults: Mapledene Noakes, Train on Thursdays 6pm. Juniors: Tonbridge Mondays at 6pm
Basketball	Maidstone Warriors Basketball Club	Scott Rogers	Ayleford Sports Hall	Teapot Lane		ME20 7AJ		<a href="mailto:scottrogers@hotmail.com">scottrogers@hotmail.com</a>	<a href="http://www.maidstonewarriors.co.uk">www.maidstonewarriors.co.uk</a>			Saturdays 9:30am-1:30pm
Bowls	Boughton Monthebae Bowls Club	Ed Whittaker	Boughton Monthebae Village Hall		Maidstone		01622745180	<a href="mailto:evandee@btinternet.com">evandee@btinternet.com</a>			Fully Accessible	Meet Thursdays and Sundays in the hall 7-9:30pm
Bowls	Maidstone District Police Bowling Club	Arthur Duncan	Police Headquarters	Sutton Road	Maidstone	ME15 6NF	01634 854448	<a href="mailto:arthur.duncan@tesco.net">arthur.duncan@tesco.net</a>				Mondays, Wednesdays, Fridays, Saturdays, Sundays - After 3PM
Bowls	Mote Park Bowls Club	Geoff Chapman	Willow Way	Maidstone	Kent	ME15 7RN	01622 691124	<a href="mailto:geoff.mote@btopenworld.com">geoff.mote@btopenworld.com</a>	<a href="http://www.moteparkbc.com">www.moteparkbc.com</a>	Clubmark		Various
Bowls	Westborough Bowls Club	Derek Parker ( Hon Sec)	Cloudberry Close (off Buckland Lane)	Maidstone	Kent	ME16 0LY	01622 208334	<a href="mailto:derek.parker@btopenworld.com">derek.parker@btopenworld.com</a>	<a href="http://www.westboroughbowls.co.uk">www.westboroughbowls.co.uk</a>	E.B.A, KCB and M&D Association	Yes	Every Monday 5:30pm, Most Thursdays 5:30pm
Canoeing	Maidstone Canoe Club	Geoff Orford	Mill Meadow	St Peters Street	Maidstone	ME16 0SN	01737 766435	<a href="mailto:memec@maidstonecanoeclub.net">memec@maidstonecanoeclub.net</a>	<a href="http://www.maidstonecanoeclub.net">www.maidstonecanoeclub.net</a>		Yes	Sunday 9:30am , Monday, Wednesday and Friday 6pm. Beginners courses available and BCU awards.
Chinese Martial Arts	KIXX Martial arts	Nigel Gilham	KIXX Martial Arts	Granville Road	Maidstone	ME14 2BJ	07941 340284	<a href="mailto:nigel.gilham@kixxmartialarts.co.uk">nigel.gilham@kixxmartialarts.co.uk</a>	<a href="http://www.kixxmartialarts.co.uk">www.kixxmartialarts.co.uk</a>	Clubmark	Yes	Everyday (Except Bank Holidays) Various times, gym open 1-8:30pm
Cricket	Addington Village Cricket Club	Peter Robinson	The Bailiffs Cottage	Park Road	Addington	ME19 5BQ	07968 079848	<a href="mailto:peter.robinson@ukonline.com">peter.robinson@ukonline.com</a>	<a href="http://www.addingtonvillagecricket.com">www.addingtonvillagecricket.com</a>	clubmark	yes	Seniors & U-15s Tuesdays, April through August; Juniors Thursdays May through July and then Summer Schools in August - U-10s/ 12s & 14s - 6-8PM
Cricket	Bearsted Cricket Club	Rosemary Pearce	The Green	Bearsted Green	Bearsted		01622 739460	<a href="mailto:beardedou@talktalk.net">beardedou@talktalk.net</a>	<a href="http://www.bearstedou.cricinfo.com">www.bearstedou.cricinfo.com</a>	Focus		On the green varied
Cricket	Hollingbourne Cricket Club	Andy Griffiths	Pilgrims Way	Hollingbourne	Maidstone	ME17 1UW	07515 051200	<a href="mailto:andy.griffiths@btopenworld.com">andy.griffiths@btopenworld.com</a>	<a href="http://www.hollingbournecc.co.uk">www.hollingbournecc.co.uk</a>	Clubmark	Yes	Sunday mornings 10am to 11.30am at Hollingbourne CC. Varied indoor training at Sutton Valence School or Mapledene Noakes School
Cricket	Loose Cricket Club	Jon Mitchell	Maidstone Grammar School	Barrington Road	Maidstone	ME15	07802 591256	<a href="mailto:jmitchell@btopenworld.com">jmitchell@btopenworld.com</a>	<a href="http://www.looseplaycricket.com">www.looseplaycricket.com</a>			Summer: Thursdays 6-8pm
Cricket	Mote Cricket Club	Stephen Merwood	Mote Cricket Club	Willow Way	Maidstone	ME15 7RN	01622 730445	<a href="mailto:stephenmerwood@aol.com">stephenmerwood@aol.com</a>	<a href="http://www.motecricket.co.uk">www.motecricket.co.uk</a>	Clubmark	Yes	Juniors Tuesday 6:45, Year 5-8 Fridays, Senior Thursday from 5:15
Cross Country	Maidstone Harriers	Bob Foster	Maidstone Hockey Club	Armstrong Road	Maidstone		07951443713	<a href="mailto:maidstoneharriers@hotmail.com">maidstoneharriers@hotmail.com</a>	<a href="http://www.maidstoneharriers.co.uk">www.maidstoneharriers.co.uk</a>			Tuesday 7pm, Wednesday 7:15 pm, Thursday 7pm
Dance	Fair School of Dance	Lucy Barry	NLL Academy	Boughton Lane	Loose		<b>07713 260452</b>	<a href="mailto:lucybarry@aol.com">lucybarry@aol.com</a>	<a href="http://www.fairdance.co.uk">www.fairdance.co.uk</a>	International Dance Teachers Association (IDTA)	Yes (Wednesday Evening)	Classes run throughout the week and weekends, see website for timetable
Dance	Fox School of Dance	Kevin Fox	Yalding Village Hall	Lyngs Close	Yalding	ME18 6GS	01622 888108	<a href="mailto:kevinfox@foxschoolofdance.co.uk">kevinfox@foxschoolofdance.co.uk</a>	<a href="http://www.foxschoolofdance.co.uk">www.foxschoolofdance.co.uk</a>		Yes	Wednesday 3.45-4.45 Disco (Juniors), 5-6pm Ballroom and Latin American (Juniors), 6-7pm Streetdance, Thursdays 7.30-8.30 beginners Ballroom and Latin American (Adults)
Dance	Margaret Preedy Dance Studio	Margaret Preedy	33 Tonbridge Road	Maidstone	Kent	ME16 8RX	01622 68212	<a href="mailto:mjpreedy@aol.com">mjpreedy@aol.com</a>	<a href="http://www.margaretpreedy.co.uk">www.margaretpreedy.co.uk</a>		yes	Open 7 days a week
Dance	The Melody Marshall School of Dance	Melody Dunn	Barming Village Hall	Heath Road	Barming		01622 726155	<a href="mailto:info@melodymarshalldance.co.uk">info@melodymarshalldance.co.uk</a>	<a href="http://www.melodymarshalldance.co.uk">www.melodymarshalldance.co.uk</a>		Yes	Various sessions at Barming/ Ditton/ East Farleigh
Football	Barming Youth Football Club	Mark Hoare	Barming		Maidstone	ME16	07991402269	<a href="mailto:mark.bvfc.secretary@btopenworld.com">mark.bvfc.secretary@btopenworld.com</a>	<a href="http://www.barmingyouth.co.uk">www.barmingyouth.co.uk</a>	Clubmark & Charter Standards		Various
Football	Bearsted Football Club	Colin Whitfield	Honey Lane	Otham		ME15	07971 825992	<a href="mailto:whitfield987@btinternet.com">whitfield987@btinternet.com</a>	<a href="http://www.bearstedfc.co.uk">www.bearstedfc.co.uk</a>	FA Charter Standard	Yes	Varied venues, days and times
Football	Castle Colts Football Club	Barrie Evans	Allington Community Association	Castle Rd	Maidstone	ME16 0PZ	07906149173	<a href="mailto:barrie1931@btopenworld.com">barrie1931@btopenworld.com</a>	<a href="http://www.castlecolts.co.uk/">http://www.castlecolts.co.uk/</a>	Clubmark		Tuesday, Wednesday & Thursday - Matches Saturday & Sunday (6-9PM)
Football	Maidstone United Football Club	John Harvey	Gallagher Stadium	Maidstone	Maidstone	ME14 1LQ	07538 580816	<a href="mailto:harvey@maidstoneunited.co.uk">harvey@maidstoneunited.co.uk</a>	<a href="http://www.maidstoneunited.co.uk">www.maidstoneunited.co.uk</a>	FA Charter Standard Community	Yes	Various session at Gallagher Stadium - Disability Sat 10.00 - 12.00 (7 yrs - Adults ) - Player Development Centre - Sat 09.00 - 10.00 (5 - 7 yrs) & Player Development Centre - Wed 17.00 - 20.00 (7 - 12 yrs)
Football	Soccer Elite	Stuart Bell	Mapledene Noakes, Swadlands School, Kings Hill Sports Park, Kings Hill & The Gallagher Stadium		Maidstone	Various	0845 8722617	<a href="mailto:bell@soccerelitefa.com">bell@soccerelitefa.com</a>	<a href="http://www.soccerelitefa.com">www.soccerelitefa.com</a>	Kent FA Accredited	Yes (Mondays)	Monday, Wednesday & Friday, Saturday Year R - 2 Academy - Saturday mornings
Football	TriSports FC	Dave King	New Line Learning	Boughton Lane	Maidstone	ME15 9QL	01622 743 286	<a href="mailto:dave@kingsrecreatives.co.uk">dave@kingsrecreatives.co.uk</a>				Tuesday 19-30, Matches 14:00 Saturday
Gliding	Kent Gliding Club	Brian Tansley	Kent Gliding Club	Squalls Gate Lane, Ch Allock	Ashford	TN25 4DR	01233 740274	<a href="mailto:sparing@kent-gliding.club.co.uk">sparing@kent-gliding.club.co.uk</a>	<a href="http://www.kent-gliding.club.co.uk">www.kent-gliding.club.co.uk</a>		Yes	Wed. Weekend All year, All week April - September. All day (day break - sunset)
Golf	Bearsted Golf Club	Stuart Turner	Bearsted Golf Club	Ware Street	Bearsted	ME14 4PQ	01622 238198	<a href="mailto:beardedgolfclub@btopenworld.com">beardedgolfclub@btopenworld.com</a>	<a href="http://www.bearstedgolfclub.co.uk">www.bearstedgolfclub.co.uk</a>	EGU/GU/NGU/CONGU	Yes	All day (members), Juniors training Saturday and Sunday (am)
Gymnastics	Maidstone Gym Club	Audrey Coleman	Coxheath Village Hall	Stockett Lane	Coxheath	ME17 4PS	01622 727219	<a href="mailto:ahuricolman@hotmail.com">ahuricolman@hotmail.com</a>				Mondays 5-8pm, Wednesdays 5-8pm, Sundays 9am-1pm
Gymnastics	Peagius	Fed Griffin	Crismill Lane	Bearsted Green	Maidstone	ME14 4NT	01622 737170	<a href="mailto:info@peagiusgym.co.uk">info@peagiusgym.co.uk</a>	<a href="http://www.peagiusgym.co.uk">www.peagiusgym.co.uk</a>	Clubmark	Yes	Various Men - elite, Tuesdays 8.00pm - 10.00pm; club, Mondays 8.30pm - 9.30pm, Ladies - elite, Wednesdays 8.00pm - 9.30pm; club, Wednesdays 7.00pm - 8.30pm, Juniors - ages 5-18, Sundays 9.15am - 12 noon, Summer - Adults, Tuesdays 8.00pm - 9.00pm; Juniors, Tuesdays 7.00pm - 8.00pm
Hockey	Maidstone Hockey Club	Mike Evans	Maidstone Hockey Club	Armstrong Road	Maidstone		07766 447985	<a href="mailto:mikeevans@btopenworld.com">mikeevans@btopenworld.com</a>	<a href="http://www.maidstonehockey.co.uk">www.maidstonehockey.co.uk</a>	Clubfirst	Yes	Various
Hockey	Marden Hockey Club	Charlotte Sharp	Day's Sports Field	Albion Road	Marden	TN12 9TF	01622 890042	<a href="mailto:sharpc@btopenworld.com">sharpc@btopenworld.com</a>	<a href="http://www.mardenhockey.com">www.mardenhockey.com</a>		yes	Juniors: Sunday 9:30am-12:30pm, Club Monday 7:30-9pm, Men 1st Wednesday 7:30-9pm
Judo	Headcorn Judo Club	Jane Armstrong	Headcorn Village Hall	Church Lane	Headcorn	TN27 9NR	01622 891526	<a href="mailto:headcornjudo@aol.com">headcornjudo@aol.com</a>	<a href="http://www.headcornjudoclub.co.uk">www.headcornjudoclub.co.uk</a>			Sundays 9:30am and Fridays 8pm
Karate	Maidstone Kaigashii Karate School	Bethany McCloskey	Maidstone Leisure Centre	Mote Park	Maidstone	ME15 7BN	07580566823	<a href="mailto:mhsk@btopenworld.com">mhsk@btopenworld.com</a>	<a href="http://www.mhsk.co.uk">www.mhsk.co.uk</a>	Clubmark		Mote Park Leisure Centre, Maidstone - Tuesday and Thursday 4-5pm for Beginners
Karate	Shin-gi-tai Karate Club	Malcolm Bates	Zereth Active Zone	Loose			01622 736990	<a href="mailto:malcolm@shingitai.com">malcolm@shingitai.com</a>	<a href="http://www.shingitai.com">www.shingitai.com</a>			Various at Grove Green/St Marys School, Laddingford/ Zereth Active/ LODS/ Vinters Park Community Hall/Leybourne Village Hall/ West Malling Village Hall Recreational seniors/Juniors (USV) - Friday nights, First & second senior teams (national & regional leagues) - Wednesday nights
Korfball	Bearsted Korfball Club	Kevin Long	Ayleford Sports College	Teapot Lane	Ayleford		01732 847704	<a href="mailto:bearded_korfball_club@hotmail.com">bearded_korfball_club@hotmail.com</a>	<a href="http://www.bearstedkorfball.co.uk">www.bearstedkorfball.co.uk</a>		Clubmark	
Kung Fu Martial Arts	Wing Tsun Maidstone	Lorraine Cousins	93B King Street	Maidstone		ME14 1BG	07723 431301	<a href="mailto:info@wtsmaidstone.com">info@wtsmaidstone.com</a>	<a href="http://www.wtsmaidstone.com">www.wtsmaidstone.com</a>		Yes	Monday, Wednesday, Thursday, Friday and Saturday various times
Lacrosse	Maidstone Redwolves Lacrosse Club	Alister Wilson	Sutton Valence Pitches	North Street	Sutton Valence	ME17 3HT	07828 894831	<a href="mailto:info@maidstonelacrosse.com">info@maidstonelacrosse.com</a>	<a href="http://www.maidstonelacrosse.com">www.maidstonelacrosse.com</a>			Saturday afternoon 2pm (competitions), Monday evening 7.30-9.30pm (winter training), Tuesday evening 5.30-7.30pm (summer training)
Martial Arts	Combined Martial Arts	Michael Pold	Staplehurst Village Centre	High Street	Tonbridge	TN12 0BU	07833 723590	<a href="mailto:mickpold@aol.com">mickpold@aol.com</a>				Thursdays 8.15 - 9.45pm
Martial Arts	Biyul - Bui Martial Arts Schools	David Waters	18 Auldley Rise	Tonbridge		TN9 1XU	01732356355	<a href="mailto:dave@biyul-ryu.org">dave@biyul-ryu.org</a>	<a href="http://www.biyul-ryu.org/">www.biyul-ryu.org/</a>		yes	varies
Motor Sport	Maidstone and Mid Kent Motor Club	Bruce Jenkins	Headcorn Aerodrome	Shenley Road	Headcorn	Tn27	01622 842327	<a href="mailto:bjenkins@btinternet.com">bjenkins@btinternet.com</a>	<a href="http://www.mekmc.co.uk">www.mekmc.co.uk</a>		yes	Various
Netball	Maidstone Junior Netball	Denise Pellatt	St Francis Junior School	Queens Road	Maidstone	ME16 0LB	01622 205190	<a href="mailto:denisepellatt@yahoo.co.uk">denisepellatt@yahoo.co.uk</a>				Saturday 9:30-11:30am
Netball	Maidstone & Malling Netball League	Christina Chemoi	Ayleford Netball Courts	Hall Road	Ayleford	ME20 7DS	7737912730	<a href="mailto:chemi@talktalk.net">chemi@talktalk.net</a>	<a href="http://www.mnml.info">www.mnml.info</a>	England Netball		Mon/Tues/Wed/Thurs - fixtures. Teams can hire courts anytime.
Rowing	Maidstone Invicta Rowing Club	Via Website	James Whatman Way	Maidstone	Kent	ME15 7DZ	Via Website	<a href="http://www.maidstonerowing.co.uk">www.maidstonerowing.co.uk</a>	<a href="http://www.maidstonerowing.co.uk">www.maidstonerowing.co.uk</a>	BR Affiliated, CASC	Yes (on application)	Club open every day, time depending
Self Defence	Sokudo Self Defence	Alicia Perfett	Coxheath Village Hall	Stockett Lane	Coxheath	ME17 4PS	07771 395182	<a href="mailto:sokudo@selfdefence@btopenworld.com">sokudo@selfdefence@btopenworld.com</a>	<a href="http://www.sokudo@selfdefence@btopenworld.com">www.sokudo@selfdefence@btopenworld.com</a>			Every Thursday 7-8pm except every third Thursday in the month training moves to Wednesday 6:30-7:30pm
Shooting	Reeds Target Shooting Club	John Lucas	Bearsted & Thurham Rifle Club	Bearsted Green	Maidstone	ME14 4DT	01732 841377	<a href="mailto:secretary@reedstargetshootingclub.co.uk">secretary@reedstargetshootingclub.co.uk</a>	<a href="http://www.reedstargetshootingclub.co.uk">www.reedstargetshootingclub.co.uk</a>		Yes	Various
Short Mat Bowls	Langley Short Mat Bowls Club	M. Sayer	Langley Village Hall	Honeshoes Lane	Langley	ME17 3JF	01622 861457					Monday and Wednesday evenings
Squash	Maidstone Squash Club	Steve Chapman	Starnes Court	Union Street	Maidstone	ME16 9QL	01622 752860	<a href="mailto:steve.chapman@btopenworld.com">steve.chapman@btopenworld.com</a>				
Squash	Mote Squash Club	David Falham	Mote Squash Club	Willow Way	Maidstone	ME15 7RN	01622 676977	<a href="mailto:motefalham@aol.com">motefalham@aol.com</a>	<a href="http://www.motefalham.co.uk">www.motefalham.co.uk</a>			Everyday, Anytime
Table Tennis	Maidstone and District Table Tennis Association	R. Harris	Barming Village Hall	Heath Road	Barming		01732 874233	<a href="mailto:rra9999@btopenworld.com">rra9999@btopenworld.com</a>	<a href="http://www.maidstonetta.com">www.maidstonetta.com</a>			Barming TTC, Civil Sports TTC, Coxheath TTC, Hillfield TTC, Howard Dewalden TTC, Larkfield TTC, Maidstone Mens Working TTC, Sutton Valence, Trolley TTC.
Martial Arts / Tae Kwon Doe	Family Martial Arts	David Martin	Family Martial Arts	Bridge Industrial Centre	Wharf Rd, Tovil	ME5 9QN	01622 663030 07775 671585	<a href="mailto:mmaf@aol.com">mmaf@aol.com</a>	<a href="http://www.familymartialarts.co.uk">www.familymartialarts.co.uk</a>		Yes (Saturday mornings)	Open 6 days a week for various ability and age groups
Tennis	Maidstone Tennis Academy	Tracy Larkin	Maidstone Lawn Tennis Club	Poplar Grove	Allington		01622 677914	<a href="mailto:info@maidstonetennisacademy.co.uk">info@maidstonetennisacademy.co.uk</a>	<a href="http://www.maidstonetennisacademy.co.uk">www.maidstonetennisacademy.co.uk</a>			Train at LA Fitness (St Peter Street, Maidstone) and Maidstone Lawn Tennis Club everyday except Sunday
Tennis	Penenden Heath Tennis Academy	Steve Kitcher	Penenden Heath Recreation Ground	Penenden Heath Road	Penenden Heath		01622 735797	<a href="mailto:steve@phtennis.co.uk">steve@phtennis.co.uk</a>	<a href="http://www.phtennis.co.uk">www.phtennis.co.uk</a>			Everyday 9am-10pm
Wheelchair Basketball	Maidstone Rebels Wheelchair Basketball Club	Janice Summers	Ayleford Sports College	Teapot Lane	Kent	ME20 7AJ	01634 244387	<a href="mailto:info@maidstonerebels.co.uk">info@maidstonerebels.co.uk</a>	<a href="http://www.maidstonerebels.co.uk">www.maidstonerebels.co.uk</a>		Yes	Saturdays when theres no away matches. Time 15:00-17:00