



# **Coping with bereavement**

A practical guide for people in Kirklees



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# Section 1 - Coping with grief

## Coping with bereavement: a practical guide

This booklet is for anyone who has recently been affected by a death. It contains information and advice about feelings and reactions, what arrangements need to be made when someone dies, and useful contacts. It is not intended as a substitute for other care. The information directory provides links to other types of support and references to more comprehensive information.

## Coping with feelings of grief

The death of a loved one is one of the most painful experiences we have to face in life. Working through some of the feelings this causes is important. We all react differently and in our own way, but grief can be exhausting, and is a process that takes time.

If someone important to you has died, you may be feeling some of the following:

- Disbelief
- Shock
- Numbness
- Tearfulness
- Yearning
- Insecurity
- Relief
- Anger
- Anxiety
- Loneliness
- Restlessness
- Guilt
- Disappointment about unfulfilled plans
- Difficulty eating and sleeping
- Difficulty coping with everyday tasks and situations
- Difficulty concentrating
- Fear or negativity about the future
- Feeling restless and ill at ease in many situations
- Less confident

You might notice physical feelings too, like tension in the stomach, tiredness or weakness.

If the person who has died has been a big part of your life, your home may seem very empty and the feeling of isolation can be painfully strong. It is normal to be preoccupied with thoughts and images of the person, or even sounds of their voice. Grief inevitably brings change with it, which can be difficult to accept.

It may help you to understand that there are some common aspects to grieving

- Accepting that the loss is permanent
- Working through the pain of grief
- Adjusting to the changes it brings
- Being able to move forward emotionally

## What can I do to help myself or others?

Working through these processes will help to heal, although the time this takes will vary for each individual. All these feelings are normal, and there are some things you can do to help yourself or those around you who are also grieving:

- It's okay to laugh, cry or be angry, and share your feelings. Others around you may need to do this too. Try not to feel guilty if you don't feel upset all of the time.
- If you find that neighbours or friends avoid you, this may be because they don't know what to say, and they may be upset too. Try to make the first step in letting them know you would appreciate their support, if you would like it.
- When people do offer help, try to accept it, but don't let them pressurise you.
- If possible, try to avoid making hasty decisions, within the first year, like moving house or disposing of your loved one's belongings. It is natural for memories to be painful at this time. Wait until you feel less emotional, and can make a decision which is right for you.

- Look after yourself physically too – this will help you cope. Eat and drink sensibly, and get some fresh air and exercise when you feel able.
- Allow time to grieve – everyone is different.
- When the time feels right, consider doing something new or different. It will help you to feel positive about yourself again.

If you feel that it is difficult to cope, or you have no one to support you at this time, it may help to talk to your family doctor. There is a list of support services and details of social services information points in this booklet. Making contact with groups or activities in your community can be worthwhile, especially if you find yourself alone after many years with a partner.

If your bereavement happened some time ago and you are finding it hard to move on, do not be afraid to ask for help.

## Children and bereavement

The death of someone important can have a devastating effect on a young life. Children experience the pain of grief and react in different ways. How a child is affected depends on many factors including the child's age and level of understanding, nature of death, relationship with the person who died and support networks.

At a time when you are experiencing your own grief it can seem overwhelming to offer support to a child or children. Here are some important reminders to help you.

- Remember that 'super parents' don't exist. Just do what you can, when you can. Be gentle on yourself.
- Talk to children using words they understand and ask questions to check they have understood you.
- Give information a bit at a time if the children are younger. Pieces of the 'jigsaw puzzle' can be put together over time to make the complete picture.
- Show children how you are feeling: it helps them to know that it's OK to show their feelings too.
- Encourage children to ask questions and keep answering them – even if it's for the 100th time.
- Answer questions honestly and simply; and be willing to say 'I don't know'.
- Keep talking about the person who has died.

There is a list of organisations who can provide more information and support for young people in this booklet.

# Section 2 - Practical arrangements

Although it is difficult at such an emotional time, there are some things that need to be arranged when someone dies. Unless you have gone through a similar experience before, you will probably have some questions about this. Some of the more common ones, and their answers, are included here.

## How do I get a medical certificate of cause of death?

If the death was in hospital, staff will tell you how to collect the certificate. If the death happened at home, then the family doctor (or consultant, if seen in hospital recently) will be able to provide you with this, if the cause of death is known.

If the cause is unknown, then the death will be reported to the coroner. The body will be taken to the hospital mortuary where a post-mortem may be carried out. The coroner's officer will let you know if this is going to happen.

There may be an inquest, and the death cannot be registered until this is complete. If it is necessary to open an inquest, the coroner will issue an interim death certificate. (If there is an inquest, the coroner's officer, local to where the death occurred, will remain in close contact throughout for information and support.)

## Post-mortem examinations

The coroner may order a post-mortem examination to be carried out. This is normal and required by law if:

- a death is sudden or unexpected
- a person has been ill, but the doctor confirming the death is not certain why it happened at that particular time
- a death is the result of an accident or unusual circumstances (including surgery).



The coroner uses information from the family doctor, hospital and/or any police reports to find out whether the death is sudden or unexpected.

Occasionally, a hospital consultant may request a post-mortem, or a family member may request this. This type of post-mortem can only be carried out with the consent of the next-of-kin.

The coroner (or hospital consultant) can answer any other queries you may have about these procedures.

## Organ donation

If you know that the person who has died wanted to be a donor, you should tell whoever is involved in their care after death (hospital staff, a police officer, coroner's officer, GP or district nurse) as soon as possible. This is because most organs and tissues need to be removed within 48 hours of death.

Relatives do not have the legal right to over rule wishes to donate, unless it is inappropriate to do so for specific reasons. However, it is the usual procedure for the healthcare professional involved to make sure that next of kin do not object.

If the wishes of the person who has died are not known, a healthcare professional may approach whoever has the closest qualifying relationship to seek permission for donation.

In cases where the death has to be reported to the coroner, the coroner's consent may be necessary before donation can take place.

After organ donation, the body is released to the relatives for burial or cremation. For more information you can call the Organ Donor Line on 0845 60 60 400 or visit [www.uktransplant.org.uk](http://www.uktransplant.org.uk)

## What should I do with the medical certificate of cause of death?

You should take the certificate to the registrar at the Registrar of Births, Deaths and Marriages Office in the same district as the place of death. (Details are in this booklet; telephone for appointments and opening hours before you visit.)

A death should be registered within five days, but can be delayed for another nine days if the registrar is told that a medical certificate has been issued. If the death has been reported to the coroner, registration cannot take place until investigations are complete.

There may be facilities for registering a death on the hospital premises, ie a certification office. Hospital staff or the coroner's officer can advise you about this.

The registrar will issue a green certificate which will be needed by your funeral director.

## Who can register the death?

The person who registers the death should be one of the following:

- A relative of the deceased, who was present at death;
- A relative of the deceased who was in attendance during the illness;
- A relative residing or being in the district where the death occurred;
- A person present at the death;
- The person arranging the funeral (this does not mean the funeral director).

## What do I need to know when registering the death?

You need to take with you:

- The medical certificate of cause of death;
- The deceased's medical card (if this is not available, tell the registrar and he/she will advise you of what to do);
- The birth certificate of the deceased (if available);
- Any war pension/invalidity pension details if the deceased received these.

You will be asked:

- The date and place of birth and death;
- The full name (including maiden name) and last home address of the deceased;
- The person's occupation, and in the case of a women who was married or widowed, full name and occupation of her husband;
- If the person was married, the date of birth of their surviving partner;
- Whether the person was receiving a pension or other social security benefits.

The registrar will issue a green certificate (free of charge) which will be required by the funeral director for cremation or burial.

The registrar will issue the death certificate, copies of which may be obtained for insurance purposes, probate, friendly societies and private pension schemes, or for your own purposes (e.g. premium bonds, banks etc). There is normally a small charge for each certificate. The registrar can advise you about this. Copies can be obtained at a later date if needed.

## What else might I need to know?

Valuables are sometimes removed from the deceased for safe keeping. Hospital staff or the coroner's officer will tell you where you can collect these from. This might be the hospital or the local police station.

## When can I contact a funeral director?

As soon after the death as you wish, even before you obtain the death certificate. The undertaker will need the green certificate given to you by the registrar, as quickly as possible. They will also give you help and advice. Booklets or leaflets with further information may be available. Ask the funeral director or bereavement officer as appropriate.

You will also need to find out if there is a will and check it for any special requests regarding funeral arrangements etc. The solicitor of the person who has died may have a copy if you can't find one.

You are not obliged to hold a formal funeral service and you do not need to involve a funeral director if you do not wish to do so. It is possible to make alternative arrangements of your choice and you may find the British Humanist Association or the Natural Death Centre has helpful suggestions (see the information directory for contact details).

If you do use a funeral director, be aware that some payment may be required before the funeral is held - this is known as 'disbursements'. Ask the funeral director about payment arrangements. You may be eligible for some help with funeral costs. Contact your social security office for more information.

In all cases where a body is to be taken out of England, for funeral purposes, the coroner's written authority is required.

## When can I contact a minister of religion?

As soon as you wish. They will help you during this period, and answer any questions or queries you may have. If you do not know a minister, vicar, or faith leader, the funeral director will be able to give you names and addresses, and put you in touch.

## Do I have to involve a minister of religion?

You are not obliged to involve a minister of religion, and may prefer to have a non-religious ceremony. The British Humanist Association may be able to help you (see the information directory for contact details).

## How do I arrange a cremation or a burial?

If the death was due to natural causes, then the funeral director can make any arrangements for a cremation or burial.

If a post-mortem is carried out and you would like to arrange a cremation then the coroner's office will need to provide the crematorium with a cremation certificate.

## Who else do I need to inform of a death?

### Within one week:

- The deceased's family doctor, and district nurses if appropriate
- The deceased's employer
- HM Revenue and Customs (local tax office)
- Social security for help with funeral costs if appropriate

If there is a will you must also contact the executor(s) as they have been nominated to sort out the deceased's affairs. If there is no will then the next of kin is responsible for dealing with the estate.

See 'Probate' at the end of this section for more information.

### **Within one month:**

- Social Services (if any services or equipment were provided)
- Department of Work and Pensions (local social security office)
- Insurance and utility companies (gas, electricity, etc)
- Housing departments and council offices/landlords
- Council tax department of the local authority
- Banks and building societies
- Any loan or higher purchase agencies
- Royal Mail
- Local NHS clinic
- Loan equipment department if equipment was provided
- The Bereavement Register (a service to cancel unwanted mailings to the deceased; see information directory for details)

**Note:** Before returning order books/pension books, make a note of the book numbers.

### **Within two to three months:**

- UK Passport Agency (return the passport)
- DVLA (return driver's licence)
- Any season tickets
- Clubs and associations (refunds may be due)
- Satellite/digital TV companies
- Newsagents if appropriate (cancel orders or subscriptions)

You may be entitled to a bereavement payment or allowances. To find out more about this, see [www.direct.gov.uk](http://www.direct.gov.uk) or contact your local social security office.

## Probate

'Probate' is a term commonly used when talking about applying for the right to deal with a deceased person's affairs (called 'administering the estate'). The term used depends on whether the person who has died has left a will or not. Any executors of the estate named in the will should apply for a 'grant of probate' from the probate registry. The grant is a legal document confirming the executor's authority to deal with the assets of the dead person (i.e. property, money and possessions) as set out in the will.

If there is no will, then a close relative of the dead person should apply to the probate registry for a 'grant of letters of administration'. This document, if given, legally confirms the administrator's authority to deal with the assets.

A grant is almost always needed, but might not be if the person who died left a small amount (less than £5000), or is survived by a joint owner.

For more information on how to go about this process, and whether to use a solicitor, visit [www.direct.gov.uk](http://www.direct.gov.uk) or [www.hmcourts-service.gov.uk/cms/wills.htm](http://www.hmcourts-service.gov.uk/cms/wills.htm). For general advice on applying for probate in England and Wales you can contact the Probate and Inheritance Tax Helpline on 0845 30 20 900 or by fax on 0115 974 2432.

## Where can I find out more information?

This is not a complete guide, but we hope you have found it helpful and easy to understand.

For further details, e.g. organ donation, inquests, funerals, costs etc., contact your local Citizen's Advice Bureau or visit [www.adviceguide.org.uk](http://www.adviceguide.org.uk). Your funeral director might also be able to answer your questions.

# Section 3 - Information directory

## 1. Support services/groups

### Batley Self-Help Depression Group

90 Commercial Street, Batley, WF17 5DS

**Telephone:** 01924 326390/ 446413

**Email:** [batleyselfhelp@btconnect.com](mailto:batleyselfhelp@btconnect.com)

[www.icbatleyshdepgroup.co.uk](http://www.icbatleyshdepgroup.co.uk)

Bereavement therapy for adults: Tuesday 1pm – 3pm.

Depression self-help group: Monday 1pm-3pm; Tuesday 6.30pm-8.30pm.

Drop-in: Wednesday & Friday 1pm – 3pm.

### Brake

PO Box 548, Huddersfield HD1 2XZ

**Telephone:** 01484 559909

**Helpline:** 0845 603 8570

**Email:** [helpline@brake.org.uk](mailto:helpline@brake.org.uk)

[www.brake.org.uk](http://www.brake.org.uk)

Please call our help line for emotional support and information if you have been bereaved or injured in a road crash. (This help line is staffed by one support worker. If you reach our answerphone, leave a message saying when you would like to be called back.)

### Brief Lives Parental Support Group

Mid Yorkshire Hospitals NHS Trust

**Contact:** Community midwifery, Dewsbury and District Hospital.

**Telephone:** 01924 816001 x3110

Monthly group for those who have lost babies through miscarriage, stillbirth or neo-natal death.

Group meeting on 1st Wednesday of every month 7pm-9pm.



## Child Death Helpline

Great Ormond Street Hospital NHS Trust, Great Ormond Street, London, WC1N 3JH and

The Alder Centre, Alder Hey Children's Hospital, Eaton Road, Liverpool L12 2AP

**Helpline:** 0800 282 986

**Fax:** 020 7813 8516

**Email:** [contact@childdeathhelpline.org.uk](mailto:contact@childdeathhelpline.org.uk)

[www.childdeathhelpline.org.uk](http://www.childdeathhelpline.org.uk)

Open every evening 7pm – 10pm, every week day morning 10am – 1pm and Wednesday afternoons 1pm – 4pm

Confidential helpline offering a listening service of emotional support to anyone affected by the death of a child. The child may be of any age from stillborn to beyond middle age.

## The Compassionate Friends

53 North Street, Bedminster, Bristol, BS3 1EN

**Helpline:** 08451 232304

**Fax:** 01179 144368

**Email:** [info@tcf.org.uk](mailto:info@tcf.org.uk)

Offers advice and support for those who have gone through a bereavement, 10am – 4pm then 6.30pm – 10pm, 365 days a year.

## Cruse Bereavement Care

Cruse House, 126 Sheen Road, Richmond, Surrey, TW1 9UR

To find details of your local branch contact the

**National Helpline:** 0870 167 1677    Office open 9.30am to 5pm

**Youth Helpline:** 0808 808 1677

[www.cruse.org.uk](http://www.cruse.org.uk)    [www.rd4u.org.uk](http://www.rd4u.org.uk) - young people's website

Cruse offers advice, support and counselling to anyone bereaved. Meetings can be held anywhere that is convenient to both client and counsellor.

## The Foundation for the Study of Infant Deaths

Cot Death Research and Support, Artillery House, 11-19 Artillery Row, London, SW1P 1RT

**Telephone:** 0870 787 0554

Helpline 9am – 11pm Monday to Friday, 6pm – 11pm Saturday/Sunday

**Fax:** 0870 7870725

**Email:** [fsid@sids.org.uk](mailto:fsid@sids.org.uk)

[www.sids.org.uk](http://www.sids.org.uk)

A charity working to prevent infant deaths.

Offers helpline to families, carers and professionals affected by or concerned about sudden unexpected infant death. A network of befrienders to support bereaved families. A phone payment card for bereaved families to call the helpline. The Care of the Next infant (CONI) scheme in partnership with the NHS to support bereaved families with subsequent babies.

## Kirkwood Hospice

Family Care Team, 21 Albany Road, Dalton, Huddersfield, HD5 9UY

**Telephone:** 01484 557908

**Email:** [info@kirkwoodhospice.co.uk](mailto:info@kirkwoodhospice.co.uk)

[www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk)

One-to-one counselling available over the telephone or in person.  
Bereavement evenings: first Wednesday of each month 7.30pm-9pm.  
Coffee morning: third Friday of each month 10am-12 noon.  
Walking group: Meets second Sunday of each month.

Contact the Family Care Team on 01484 557908 for further details.

## **MIND (North Kirklees)**

Mind Building, Old Westgate, Dewsbury, WF13 1BL.

**Telephone:** 01924 466486

**Fax:** 01924 450585

**Email:** [nkmind@btconnect.com](mailto:nkmind@btconnect.com)

[www.northkirkleesmind.co.uk](http://www.northkirkleesmind.co.uk)

Individual bereavement counselling is available and leaflets about bereavement can be obtained from the website.

## **Miscarriage Association**

c/o Clayton Hospital, Northgate, Wakefield, WF1 3JS

**Telephone:** 01924 200799

**Fax:** 01924 298834

**Email:** [info@miscarriageassociation.org.uk](mailto:info@miscarriageassociation.org.uk)

Support groups and telephone contacts. Please send an S.A.E. for an information pack. Office open Monday to Friday from 9am to 4pm. Answerphone available at other times.

## **Muslim Funeral Association**

Secretary - M H Asad

45 Morley Lane, Milnsbridge, Huddersfield, HD3 4NZ

**Telephone:** 01484 462892

**Fax:** 01484 462892

This is a group set up entirely by Huddersfield members of local bus companies. We raise funds between the members, pay their funeral expenses and provide help and counselling to the bereaved family.

## National Association of Widows

Advice and support on many aspects of bereavement including loneliness. Also advice on pensions, benefits, tax, and social events for widows.

Call head office for more information about the National Association of Widows and local branches.

**Contact:** Helen Downen (Administrator)

**Telephone:** 0845 838 2261

**Email:** [info@nawidows.org.uk](mailto:info@nawidows.org.uk)

[www.nawidows.org.uk](http://www.nawidows.org.uk)

## The Samaritans

**Huddersfield:** 14 New North Parade, Huddersfield **Tel:** 01484 533388

**Leeds:** 93 Clarendon Road, Leeds, **Tel:** 0113 2456789

**Wakefield & District:** Charlotte Street, Wakefield, **Tel:** 01924 377011

**National helpline:** 08457 909090 (24 hours)

**Email:** [jo@samaritans.org](mailto:jo@samaritans.org)

Confidential service for those who have encountered bereavement.

## S.C.A.R.D. (Support and Care After Road Death and Injury)

(Incorporating CADD - Campaign Against Drinking and Driving)

PO Box 62, Brighouse, HD6 3YY

**Telephone:** 0845 123 5542

**Email:** [info@scard.org.uk](mailto:info@scard.org.uk)

[www.scard.org.uk](http://www.scard.org.uk)

Helpline operated 365 days, 9am - 9pm for anyone bereaved, injured or affected by road death. Free one to one counselling at Dewsbury or will assist caller to find counselling support in their area. Free legal advice also available. All services offered throughout the UK.

## START Bereavement Resource Centre

(Support for Today and Reassurance for Tomorrow)  
c/o Eric F Box, Bradford Road, Dewsbury, WF13 2EW

**Telephone:** 01924 465402

For anyone within the Kirklees area affected by bereavement. Advice available on where to obtain support and counselling. Leaflets and reading lists also available. (Eventually this resource will be web based only.)

## SANDS (Stillbirth and Neonatal Death Society)

28 Portland Place, London, W1B 1LY.

**Telephone helpline:** 020 7436 5881

**Office:** 020 7436 7940

**Fax:** 020 7436 3715

A group to support bereaved parents and families, working for improvements in care during pregnancy and when a baby has died. Helpline available from 10am to 3pm, Monday – Friday.

## SIDS (Sudden Infant Death Syndrome) - Cot Death

Spensborough Locality, Cleckheaton Health Centre, Greenside, Cleckheaton BD19 5AP

**Telephone:** 01274 877285

**Fax:** 01274 877426

**Contact:** Gill Buckingham – Health Visitor

**Email:** Gillian.buckingham@kirkleespct.nhs.uk

## Sudden Death Support Association

Eldon House, The Street, Eversley, Hook, Hampshire RG27 0PJ

**Telephone:** 0118 973 3939 (24 hour answerphone)

Association offering a befriending service for those who have experienced a sudden death (of a type not catered for by other support groups). Aims to put callers in touch with a volunteer who has shared a similar experience, for understanding, empathy and reassurance.

## Support for young people

### Childhood Bereavement Network

8 Wakley Street, London, EC1V 7QE

**Telephone:** 020 7843 6309

**Fax:** 020 7837 1439

**Email:** [cbn@ncb.org.uk](mailto:cbn@ncb.org.uk)

The Childhood Bereavement Network (CBN) is a national, multi-professional federation of organisations and individuals working with bereaved children and young people. The Childhood Bereavement Network provide information, guidance and support to enable young people to manage the impact of death on their lives.

### Kirkwood Koalas

Kirkwood Hospice, 21 Albany Road, Dalton, Huddersfield, HD5 9UY

**Telephone:** 01484 557908

**Email:** [Seamusn@kirkwoodhospice.co.uk](mailto:Seamusn@kirkwoodhospice.co.uk)

[www.kirkwoodhospice.co.uk](http://www.kirkwoodhospice.co.uk) then follow the link 'Caring for our patients'

A service for children and young people. The Family Care Team offer both individual sessions or group work as required.

### Parentline Plus

**Helpline:** 0808 800 2222

**Telephone:** 0800 783 6783

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

Parentline Plus is a national charity that works for, and with, parents. Parentline Plus works to offer help and support through an innovative range of free, flexible, responsive services - shaped by parents for parents

Available seven days a week, 24 hours a day, free confidential Parentline is staffed by trained volunteers, all of whom have parenting experience. Offering information and support, and the chance to talk through the issues facing parents.

## Winston's Wish (support for bereaved children)

The Clara Burgess Centre, Westmoreland House, 80-86 Bath Road, Cheltenham, Gloucestershire, GL53 7JT

**Helpline:** 0845 203 0405

**Telephone:** 01242 515157

**Fax:** 01242 546187

**Email:** [info@winstonswish.org.uk](mailto:info@winstonswish.org.uk)

[www.winstonswish.org.uk](http://www.winstonswish.org.uk)

A national helpline offering guidance and information to families of bereaved children. A range of practical resources and publications for bereaved children, young people and the adults working with them.

At Winston's Wish we provide support for bereaved children and young people up to the age of 18. We also support their parents or carers. Whether the death was sudden or expected, we work closely with children and families, in a variety of practical and creative ways, to create an atmosphere where they can share their thoughts and feelings and meet others.

## YoungMinds

48-50 St John Street, London, EC1M 4DG

**Telephone:** 020 7336 8445

**Fax:** 020 7336 8446

**Email:** [enquiries@youngminds.org.uk](mailto:enquiries@youngminds.org.uk)

[www.youngminds.org.uk](http://www.youngminds.org.uk)

**Office opening hours:** Monday to Friday 9.30am-5.30pm

YoungMinds is a national charity committed to improving the mental health of all babies, children and young people. They highlight the mental health issues faced by children and young people, provide an information service for children, young people and their families and provide training and support for practitioners in all agencies who work with children.

## 2. Funeral arrangements

### A Bagley & Son

Manchester Road, Marsden,  
Huddersfield HD7 6EY

**Telephone:** 01484 844260

### E Bedford & Co

12 Holmfield Road, Clayton West,  
Huddersfield HD8 9NE

**Telephone:** 01484 863589

### T W Birks & Son Ltd

Holme Valley Funeral Home,  
Woodhead Road, Holmfirth,  
Huddersfield HD9 2PR

**Telephone:** 01484 683322

### Bollands Funeral Directors

30a Kirkgate, Birstall, Batley  
WF17 9PB

Robert Edmond

**Day:** 01924 472178

**Night:** 01924 472466

**Mobile:** 07801 762945

### George Brooke Ltd

14 Sharp Street, Dewsbury  
WF13 1QZ

**Telephone:** 01924 454476

**Email:** [office@georgebrooke.co.uk](mailto:office@georgebrooke.co.uk)

[www.georgebrooke.co.uk](http://www.georgebrooke.co.uk)

### Eric F Box Funeral Directors Ltd

Bradford Road, Dewsbury  
3 Station Road, Ossett  
WF13 2EW

**Telephone:** 01924 465402

**Telephone:** 01924 271612

[www.efbox.co.uk](http://www.efbox.co.uk)

### David Butterfield Funeral Directors

Butterfield House, Bradford Road,  
Rawfolds, Cleckheaton, BD19 5LT

**Telephone:** 01274 852885

### Chambers Funeral Directors

8 Northgate, Almondbury,  
Huddersfield HD5 8RX

**Telephone:** 01484 429991

### A E Cooper & Son

28 Crosland Hill Road, Huddersfield  
HD4 5NU

**Telephone:** 01484 654585

### Co-operative Funeral Service

106 St Thomas Road, Huddersfield  
HD1 3LL

**Telephone:** 01484 531441



### **Co-operative Funeral Service**

Old Bank, Church Street,  
Slaithwaite, Huddersfield HD7 5AS

**Telephone:** 01484 842212

### **Dene End Funeral Home**

North Road, Kirkburton,  
Huddersfield HD8 0RW

**Telephone:** 01484 602901

### **E Draper & Son**

Town Bottom Workshop,  
New Road, Kirkheaton,  
Huddersfield HD5 0JB

**Telephone:** 01484 424984

### **JM Farrar & Sons**

521 Bradford Road, Carlinghow,  
Batley, WF17 8LL

**Telephone:** 01924 444803

### **Richard Fearnley Independent Family Funeral Directors**

745 Huddersfield Road,  
Ravensthorpe, Dewsbury  
WF13 3LQ

**Mirfield:** 01924 494435

**Dewsbury:** 01924 452605

[www.rfearnley-funerals.co.uk](http://www.rfearnley-funerals.co.uk)

### **Funeralcare**

1-7 Sharp Street, Dewsbury,  
WF13 1QZ

**Telephone:** 01924 466765

### **Highfield Funeral Service**

West Croft, 144 Trinity Street,  
Huddersfield HD1 4DT

**Telephone:** 01484 428243

### **Huddersfield Funeral Service**

59/61 Highgate Lane, Lepton,  
Huddersfield HD8 0DS

**Telephone:** 01484 451313

### **Mr A Hussain, Madrassa-E- Islamia**

30 Slaithwaite Road, Thornhill Lees,  
Dewsbury WF12 9DL

### **Herman Tattersfield & Son Funeral Directors**

Bath Road, Heckmondwike,  
WF16 9EA

**Day:** 01924 403630

**Night:** 01924 406496

**Mobile:** 07850 901212

## Hicks Brothers Funeral Directors

14 Stockwell Drive, Batley,  
WF17 5PA

**Telephone:** 01924 474596

**Mobile:** 07710703758

[www.hicksbrothers.co.uk](http://www.hicksbrothers.co.uk)

## Huddersfield Muslim Burial Council

Muslim Community Centre,  
Clare Hill, Off Cambridge Road,  
Huddersfield HD1 5BU

**Telephone:** 01484 515311

## Indian Muslim Welfare Society

29 Purlwell Hall Road, Mount  
Pleasant, Batley

## F Lindley & Son

Edgeworth, Main Gate, Hepworth,  
Holmfirth HD9 1TL

**Telephone:** 01484 682732

## Mackness Funeral Service

318 Wakefield Road, Dalton,  
Huddersfield HD5 8DQ

**Telephone:** 01484 542255

## McNulty Funeral Services

25 New North Parade, Huddersfield  
HD1 5JU

**Telephone:** 01484 426278

## Morley, Rhodes & Wainwright

Radcliffe Street, Skelmanthorpe,  
Huddersfield HD8 9AF

**Telephone:** 01484 862570

## Muslim Funeral Service

4 Darfield Street, Westgate,  
Bradford, West Yorkshire, BD1 3RU

**Telephone:** 01274 723030

[www.muslimfuneralservice.com](http://www.muslimfuneralservice.com)

## Fred Oade & Sons Ltd Funeral Directors

19 Oldfield Lane, Heckmondwike,  
WF16 0JD

**Tel:** 01924 402132 (Heckmondwike)

**Tel:** 01274 681555 (Birkenshaw)

**Tel:** 01924 472176 (Birstall)

**email:** fredoad@btconnect.com

## George Oldroyd

Prospect Works, Prospect Street,  
Batley WF17 5JZ

**Telephone:** 01924 472738

### **Mr Patel, Masjid-E-Umar**

Savile Town Post Office,  
66-68 Warren Street, Dewsbury  
WF12 8DY

### **Pearson Funeral Directors**

Manchester Road, Marsden,  
Huddersfield HD7 6EY

**Telephone:** 01484 844289

### **Radcliffe Funeral Service**

2, Exchange, Honley, Holmfirth  
HD9 6AY

**Telephone:** 01484 662324

### **Mr Razaq, Madrassa-E-Islamia**

53 Headfield Road, Savile Town,  
Dewsbury

### **Savile Town Muslim Jamatt**

2 Chapel Street, Savile Town,  
Dewsbury

### **D J Screen & Sons**

222 Bradford Road, Huddersfield  
HD1 6LJ

**Telephone:** 01484 452220

### **Joseph Sheard Ltd**

8 Nettleton Road, Mirfield,  
WF14 9AA

**Telephone:** 01924 492219

### **Taylor Funeral Service Limited**

2 Cowlersley Lane, Huddersfield  
HD4 5TY

**Telephone:** 01484 656156

### **The British Humanist Association**

1 Gower Street, London,  
WC1E 6HD

**Telephone:** 020 707 93580

[www.humanism.org.uk](http://www.humanism.org.uk)

### **The Natural Death Centre**

12a Blackstock Mews, Blackstock  
Road, London N4 2BT

**Telephone:** 0871 288 2098

[www.naturaldeath.org.uk](http://www.naturaldeath.org.uk)

### **United Co-Operative Funeral Services**

Park View House, 2 Westgate,  
Heckmondwike, WF16 0EH

**Telephone:** 01924 401143

### **Michael A Wright & Son**

Farfield Street, Cleckheaton,  
BD19 3TX

**Telephone:** 01274 871 092

Visit [www.uk-funerals.co.uk](http://www.uk-funerals.co.uk) for more information on funeral options and related topics.

### 3. Further support and information

#### Citizens' Advice Bureau

Free, independent and confidential advice and information.

5/6 Empire House  
Wakefield Old Road  
Dewsbury  
WF12 8DJ      **Advice line telephone:** 0844 8487970

Town Hall Annexe  
Brunswick Street  
Batley  
WF17 5DT      **Advice line telephone:** 0844 8487970

Town Hall  
Church Street  
Cleckheaton  
BD19 3RH      **Advice line telephone:** 0844 8487970

2nd Floor  
Standard House  
Half Moon Street  
Huddersfield  
HD1 2JF      **Advice line telephone:** 0844 8487970

See also [www.adviceguide.org.uk](http://www.adviceguide.org.uk) and  
[www.direct.gov.uk](http://www.direct.gov.uk)

This government website contains information about public services, and guidance around wills, probate and funeral arrangements.

## Kirklees Information Points

### **Batley Information Point**

Batley Town Hall  
Market Place  
Batley WF17 5DA

**Telephone:** 01924 326336

### **Birstall Information Point**

Market Street  
Birstall WF17 9EN

**Telephone:** 01924 326227

### **Cleckheaton Information Point**

Cleckheaton Town Hall  
Bradford Road  
Cleckheaton BD19 3RH

**Telephone:** 01274 335072

### **Dewsbury Information Point**

The Walsh Building  
Town Hall Way  
Dewsbury WF12 8EQ

**Telephone:** 01924 325070

### **Huddersfield Information Point**

Ground Floor  
Civic Centre I and III  
High Street  
Huddersfield HD1 2PQ

**Telephone:** 01484 223000

### **Lindley Library and Information Centre**

Lindley Library  
Lidget Street  
Lindley  
Huddersfield HD3 3JP

**Telephone:** 01484 222172

### **Marsden Information Point**

20-26 Peel Street  
Marsden HD7 6BW

**Telephone:** 01484 845595

### **Shepley Library and Information Centre**

Marsh Lane  
Shepley  
Huddersfield HD8 8AE

**Telephone:** 01484 222712

### **Skelmanthorpe Library and Information Centre**

Skelmanthorpe Council Offices  
24 Commercial Road  
Skelmanthorpe HD8 9DA

**Telephone:** 01484 222953

### Coroner's Office (North Kirklees)

Dewsbury Police Station  
Adams Road  
Dewsbury  
WF12 8AR

**Telephone:** 01924 431070

### Coroner's Office (South Kirklees)

Huddersfield Police Station  
Castlegate  
Huddersfield  
HD1 2NJ

**Telephone:** 01484 436700

### Dewsbury Social Security Office

Crown Buildings  
Rishworth Road  
Dewsbury  
WF12 8EF

**Telephone:** 01924 436800

For information about bereavement  
payments and allowances.

### Registrar of Births, Deaths and Marriages

Wellington Street  
Dewsbury  
WF13 1LY

**Telephone:** 01924 324880

### Registrar of Births, Deaths and Marriages

The Register Office  
11 High Street  
Huddersfield  
HD1 2PL

**Telephone:** 01484 221030

Out-reach offices are available at  
Holmfirth Council Offices,  
Skelmanthorpe Council Offices,  
Dewsbury and District Hospital and  
Huddersfield Royal Infirmary.  
Telephone the main Register Office  
for details and appointments

### Kirklees Metropolitan Council

Civic Centre 3  
Market Street  
Huddersfield  
HD1 1WG

**Telephone:** 01484 221000

[www.kirklees.gov.uk](http://www.kirklees.gov.uk)

For advice and practical information  
relating to bereavement or  
funerals, including links to other  
helpful sites.

### Loan Equipment Department

Dewsbury Health Centre  
Wellington Road  
Dewsbury  
WF13 1NH

**Telephone:** 01924 351517

## **HM Revenue and Customs (Tax Office)**

West Yorkshire and Craven Area  
Centenary Court  
1 St Blaise Way  
Bradford  
BD1 4YL

**Telephone:** 0845 3021432

## **NHS Direct**

**Telephone:** 0845 4647

## **Patient Advice and Liaison Service (PALS)**

### **Kirklees Primary Care Trust**

Telephone: 01484 466172  
(Huddersfield)

Telephone: 0800 587 2417  
(Dewsbury, Batley and Spen)

### **Mid Yorkshire Hospitals NHS Trust**

Telephone: 01924 212672

### **Calderdale and Huddersfield NHS Foundation Trust**

Telephone: 01484 342128

### **South West Yorkshire Mental Health Trust**

Telephone: 0800 5872108

## The Bereavement Register

By registering the details of the person who has died you will reduce the amount of unwanted direct mail which is sent in their name.

You can register at [www.the-bereavement-register.org.uk](http://www.the-bereavement-register.org.uk) or by writing to: The Bereavement Register, Freepost SEA8240, Sevenoaks, TN131YR.

You can also telephone 0870 6007222, fax 0870 4005644 or email [help@the-bereavement-register.com](mailto:help@the-bereavement-register.com)

## For a free booklet “When Sudden Death Occurs; Coroners and Inquests” contact the Department of Health at:

Coroners Section, Home Office, 5th Floor, Allington Towers,  
19 Allington Street, LONDON SW1E 5EB

Copies can be requested by **fax**: 020 7035 5525

Or **email**: [sarah.siddiqi@homeoffice.gsi.gov.uk](mailto:sarah.siddiqi@homeoffice.gsi.gov.uk)

Or visit [www.dh.gov.uk](http://www.dh.gov.uk)

Available in English, Bengali, Welsh, Chinese, Gujerati, Hindi, Punjabi and Urdu.

## Bereavement: A Guide For Transsexual, Transgender People and Their Loved Ones

This booklet has been produced to assist bereaved trans people or friends, or the family of a trans person who has died. It will also inform professionals such as coroners, pathologists, mortuary staff and undertakers to understand the particular needs of trans people in the circumstances of death.

Available to download from [www.dh.gov.uk](http://www.dh.gov.uk)



# Amendments

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If you have any amendments, make a note and send to: Communications Team, Kirklees PCT, St Luke's House, Blackmoorfoot Road, Crosland Moor, Huddersfield, HD4 5RH or telephone 01484 466004.

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## References

National Library for Health, Mental Health Specialist Library. Primary Care Guidelines: Bereavement and Loss – Z63 (Copyright 2003-4 World Health Organization – UK Collaborating Centre) Worden, J William (1991) Grief Counselling and Grief Therapy. (2nd Edition) Tavistock/Routledge, London.  
[www.adviceguide.org.uk](http://www.adviceguide.org.uk)

## Acknowledgements:

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**Produced by Kirklees Primary Care Trust**

### **Disclaimer:**

Kirklees Primary Care Trust does not take responsibility for the standard or quality of any services provided by voluntary or private services detailed in this booklet. Every attempt is made to ensure that those included are reputable, and that information is accurate and up-to-date. Users of any service are encouraged to use their own discretion when seeking support.

**For further copies of this leaflet contact  
the Communications Team on 01484 466004.**

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[www.kirklees-pct.nhs.uk](http://www.kirklees-pct.nhs.uk)

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