

Appendix D: Healthy Weight Programme data

| Healthy Weight Programme data: Gender | | | | |
|--|--------------|-------------|---------------|--------------|
| Group | Total | Male | Female | Blank |
| WHOLE POPULATION | | 49.47% | 50.53% | x |
| Registered on healthy weight programme | 535 | 65 | 262 | 208 |
| <i>% of participants belonging to each group</i> | | 12.15% | 48.97% | 38.88% |
| <i>% of participants belonging to each group with unknowns excluded (gender only)</i> | | 19.88% | 80.12% | x |
| [Amended figures using names to estimate gender] | | 116 | 371 | 48 |
| <i>[% of participants belonging to each group using names to estimate gender]</i> | | 21.68% | 69.35% | 8.97% |
| <i>% of participants belonging to each group, using names to estimate gender, with unknowns excluded</i> | | 23.82% | 76.18% | x |

| Healthy Weight Programme data: (Dis)ability and age | | | | | | | | | | | | | | |
|---|--------------|---------------------|-----------------|--------------|---|--------------|--------------|--------------|--------------|--------------|--------------|--------------|------------|----------------|
| Group | Total | (Dis)ability | | | Age on date of joining programme | | | | | | | | | |
| | | Not disabled | Disabled | Blank | Under 16 | 16-19 | 20-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75+ | Unknown |
| WHOLE POPULATION | | | 4.30% | | 18.56% | 4.67% | 5.47% | 12.08% | 14.62% | 14.22% | 13.02% | 9.35% | 8.01% | 0 |
| Registered on healthy weight programme | 535 | 108 | 22 | 405 | 0 (N/A) | 0 (N/A) | 4 | 23 | 43 | 46 | 69 | 66 | 15 | 269 |
| <i>% of participants belonging to each group</i> | | 20.19% | 4.11% | 75.70% | 0 (N/A) | 0 (N/A) | 0.75% | 4.30% | 8.04% | 8.60% | 12.90% | 12.34% | 2.80% | 50.28% |
| <i>% of participants belonging to each group with unknowns excluded (gender only)</i> | | | | | | | | | | | | | | |

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| Healthy Weight Programme data: Ethnicity | | | | | | | | | | | | | | | | | | | |
|--|-------|---------------|-------------|---------------------|-------------|---------|-----------|-------------|-------------|--------|-----------|---------|-------------|---------------------------|-------------------------|-----------------------|-------------|-------|-------|
| <i>Group</i> | Total | White British | White Irish | Gypsy/ Traveller | Other white | African | Caribbean | Other black | Bangladeshi | Indian | Pakistani | Chinese | Other Asian | Mixed white/ Caribbean | Mixed white/ African | Mixed white/ Asian | Other mixed | Other | Blank |
| WHOLE POPULATION | | 90.0% | 0.7% | 2.5% | | 0.9% | 0.6% | 0.1% | 0.3% | 1.0% | 0.5% | 0.9% | 0.5% | 0.4% | 0.2% | 0.5% | 0.3% | 0.5% | |
| Registered on healthy weight programme | 535 | 84 | 2 | 0 | 4 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 442 |
| <i>% of participants belonging to each group</i> | | 15.70 | 0.37 | 0.00 | 0.75 | 0.00 | 0.00 | 0.00 | 0.00 | 0.37 | 0.00 | 0.00 | 0.19 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 82.62 |

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| Department of Health Survey for England 2003: Obesity figures for the South East by gender | | |
|---|--------|--------|
| | | |
| group | male | female |
| % of group with BMI over 25 (overweight) | 65.2% | 51.80% |
| % of group with BMI over 30 (obese) | 19.9% | 19.30% |
| | | |
| % of total sample in each group | 49.55% | 50.45% |
| % of overweight sample in each group | 55.28% | 44.72% |
| % of obese sample in each group | 52.94% | 47.06% |
| | | |
| Department of Health Survey for England 2005: Obesity figures for England by gender | | |
| | | |
| group | male | female |
| % of group with BMI over 25 (overweight) | 64.7% | 56.4% |
| % of group with BMI over 30 (obese) | 22.1% | 24.3% |
| | | |
| % of total sample in each group | 49.68% | 50.32% |
| % of overweight sample in each group | 53.11% | 46.89% |
| % of obese sample in each group | 47.31% | 52.69% |