



# Maidstone

District



This profile was produced on 12 August 2014

## Health Profile 2014

### Health in summary

The health of people in Maidstone is generally better than the England average. Deprivation is lower than average, however about 15.1% (4,300) children live in poverty. Life expectancy for men is higher than the England average.

### Living longer

Life expectancy is 7.2 years lower for men in the most deprived areas of Maidstone than in the least deprived areas.

### Child health

In Year 6, 15.8% (225) of children are classified as obese, better than the average for England. The rate of alcohol-specific hospital stays among those under 18 was 25.7\*, better than the average for England. This represents 9 stays per year. Levels of teenage pregnancy and GCSE attainment are better than the England average.

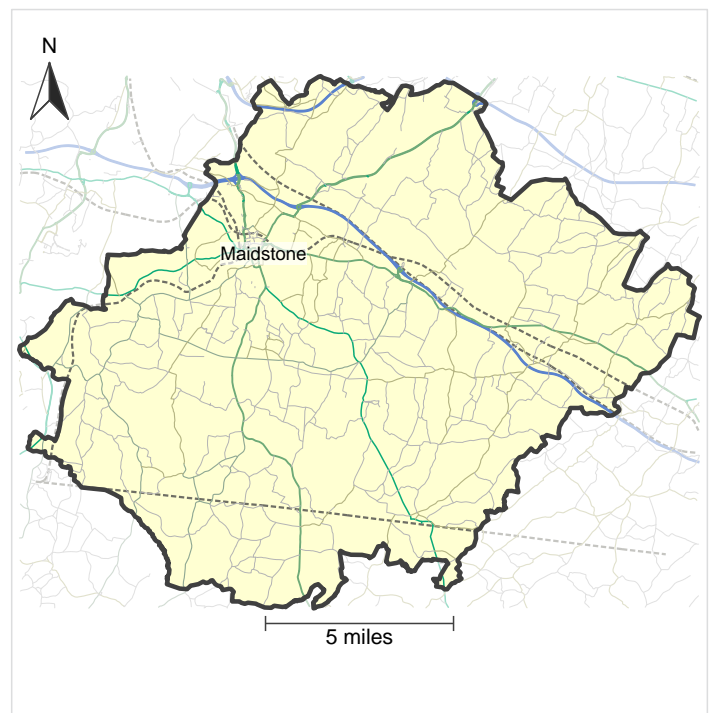
### Adult health

In 2012, 18.9% of adults are classified as obese, better than the average for England. The rate of alcohol related harm hospital stays was 469\*, better than the average for England. This represents 714 stays per year. The rate of self-harm hospital stays was 180.2\*. This represents 283 stays per year. The rate of smoking related deaths was 275\*. This represents 230 deaths per year. Estimated levels of adult physical activity are better than the England average. Rates of hip fractures, sexually transmitted infections and TB are better than average. The rate of statutory homelessness is worse than average. Rates of violent crime, long term unemployment, drug misuse and early deaths from cardiovascular diseases are better than average.

### Local priorities

Priorities in Maidstone include improving sexual health, reducing obesity, improving mental health and wellbeing and reducing smoking prevalence. For more information see [www.westkentccg.nhs.uk](http://www.westkentccg.nhs.uk) or [www.kmpho.nhs.uk](http://www.kmpho.nhs.uk)

\* rate per 100,000 population



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**Population: 157,000**

Mid-2012 population estimate. Source: Office for National Statistics.

This profile gives a picture of people's health in Maidstone. It is designed to help local government and health services understand their community's needs, so that they can work to improve people's health and reduce health inequalities.

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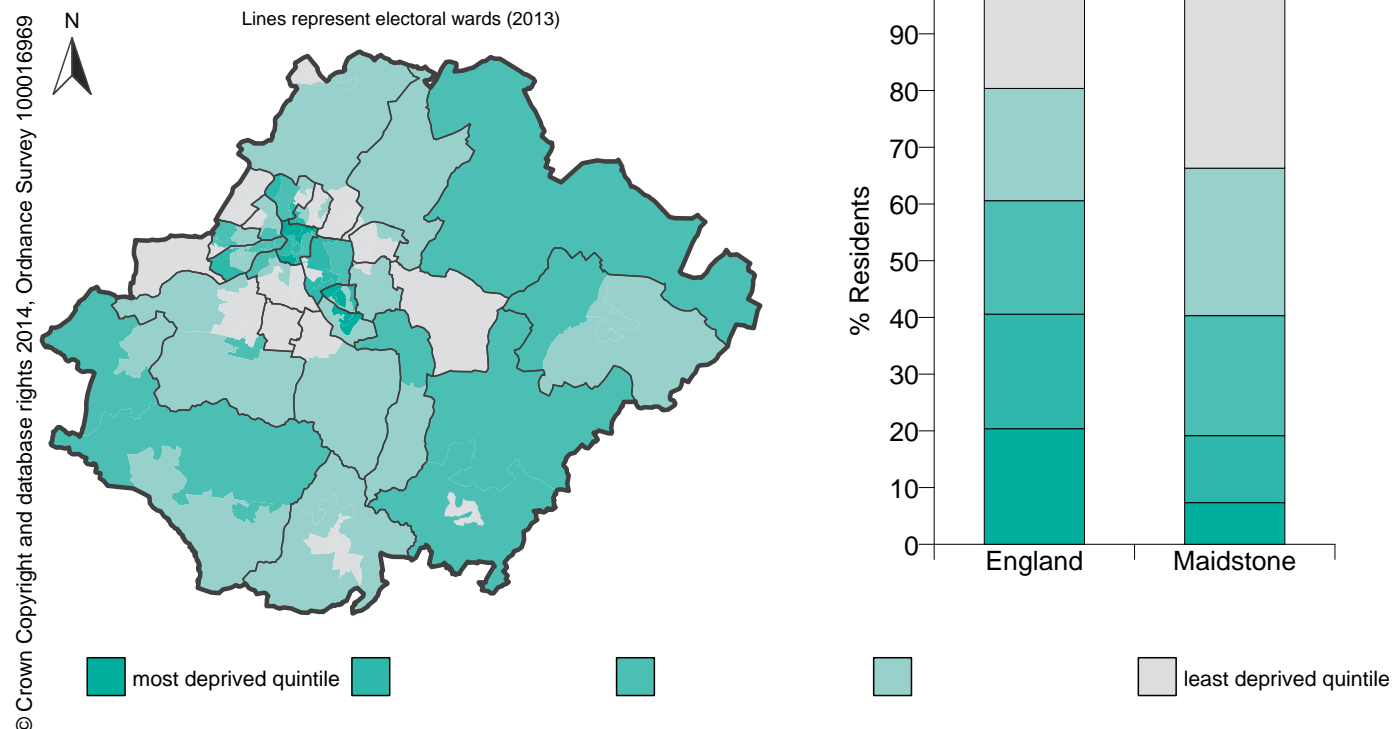
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# Deprivation: a national view

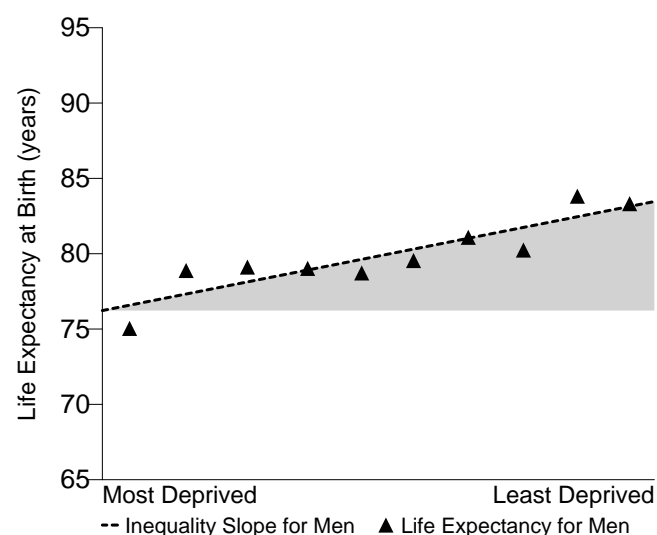
The map shows differences in deprivation levels in this area based on national quintiles (fifths) of the Index of Multiple Deprivation 2010 by Lower Super Output Area. The darkest coloured areas are some of the most deprived areas in England.



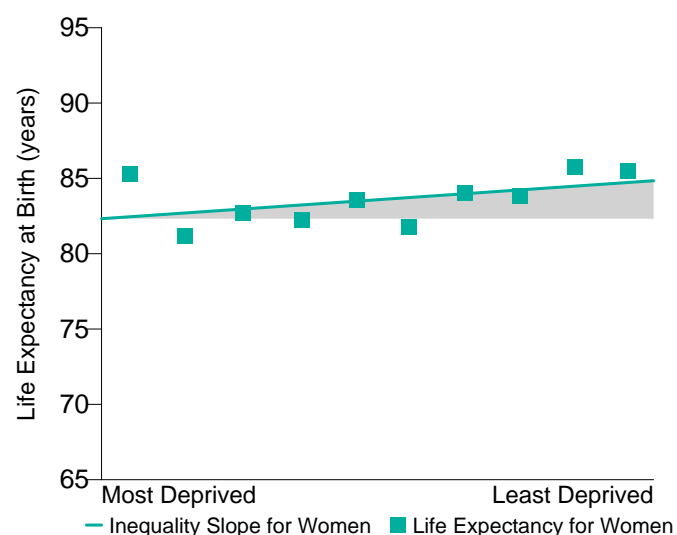
## Life Expectancy: inequalities in this local authority

The charts below show life expectancy for men and women in this local authority for 2010-2012. Each chart is divided into deciles (tenths) by deprivation, from the most deprived decile on the left of the chart to the least deprived decile on the right. The steepness of the slope represents the inequality in life expectancy that is related to deprivation in this local area. If there were no inequality in life expectancy as a result of deprivation, the line would be horizontal.

Life Expectancy Gap for Men: 7.2 years

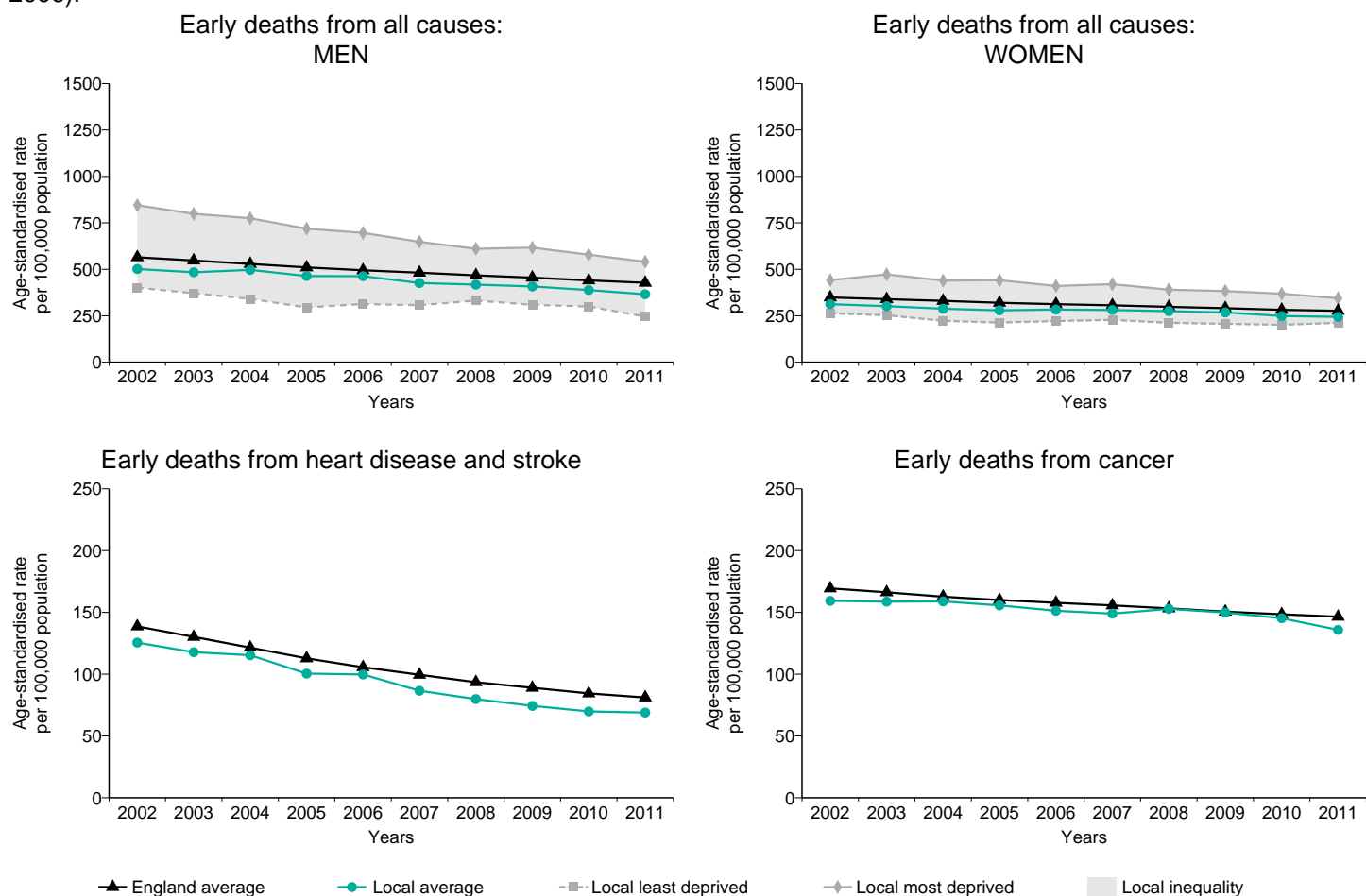


Life Expectancy Gap for Women: 2.5 years



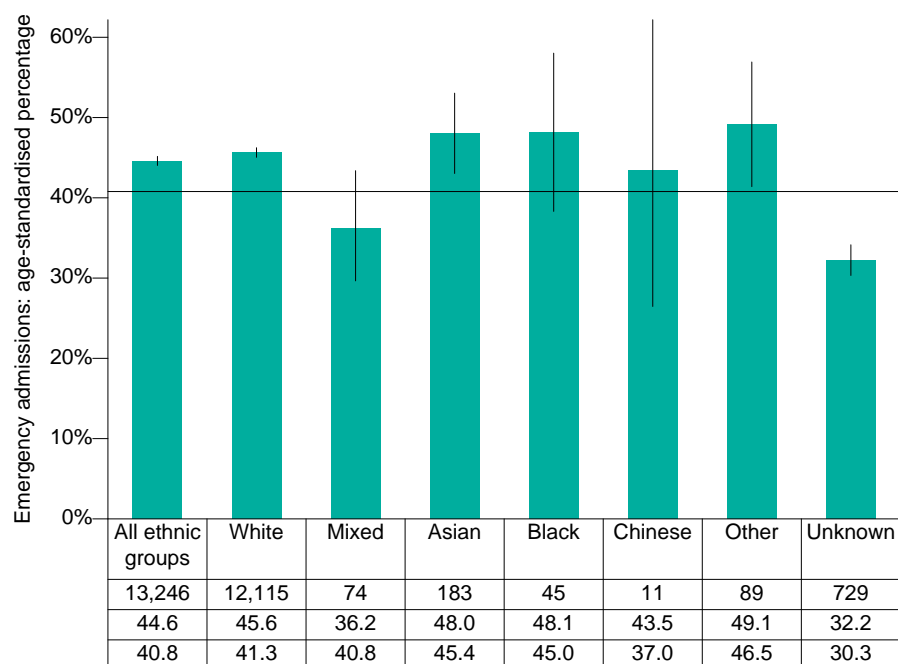
# Health inequalities: changes over time

These charts provide a comparison of the changes in early death rates (in people under 75) between this area and all of England. Early deaths from all causes also show the differences between the most and least deprived quintile in this area. (Data points are the midpoints of 3 year averages of annual rates, for example 2005 represents the period 2004 to 2006).



# Health inequalities: ethnicity

Percentage of hospital admissions that were emergencies, by ethnic group



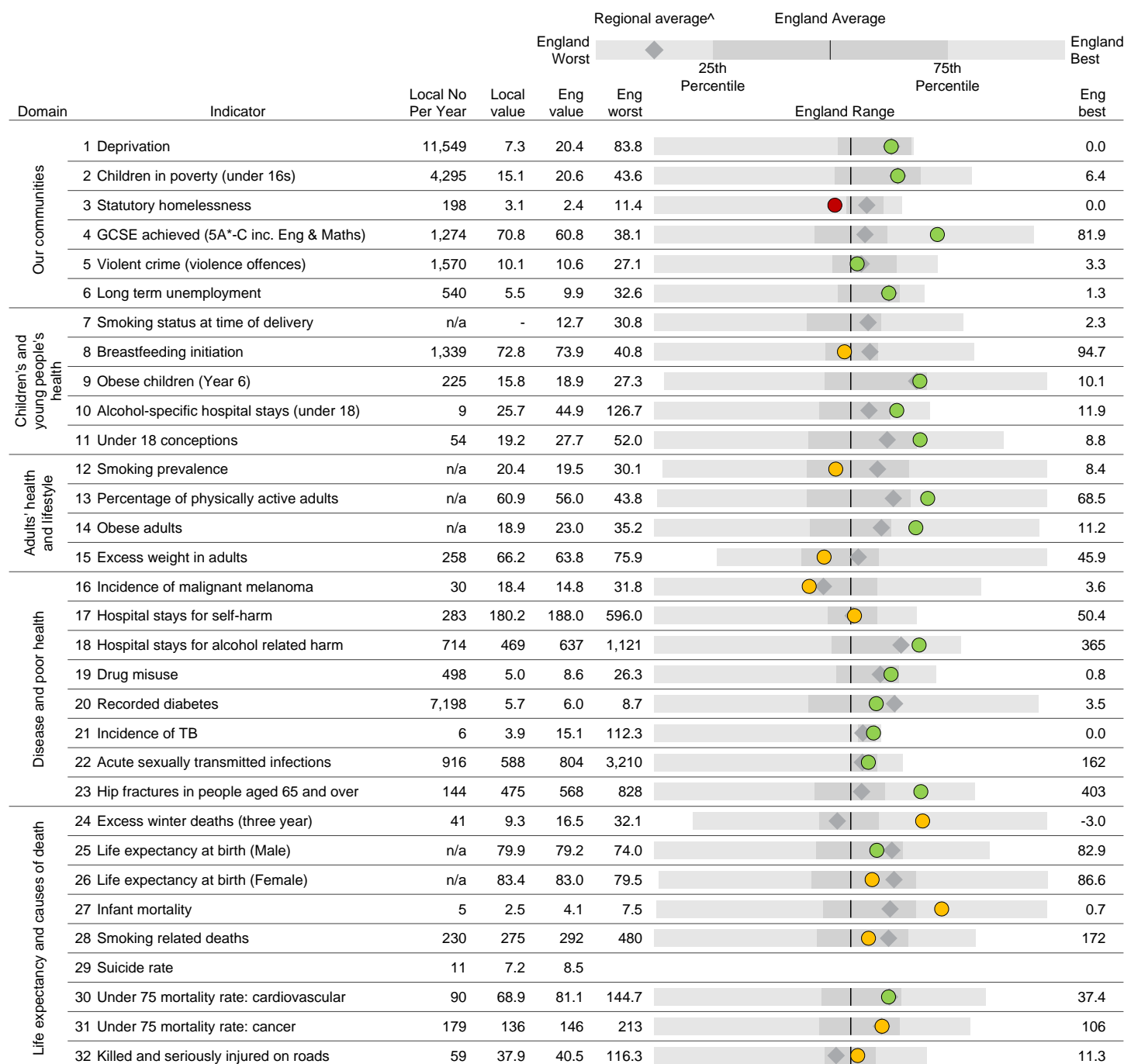
This chart shows the percentage of hospital admissions in 2012/13 that were emergencies for each ethnic group in this area. A high percentage of emergency admissions may reflect some patients not accessing or receiving the care most suited to managing their conditions. By comparing the percentage in each ethnic group in this area with that of the whole population of England (represented by the horizontal line) possible inequalities can be identified.

■ Maidstone  
 — England average (all ethnic groups)  
 | 95% confidence interval

Figures based on small numbers of admissions have been suppressed to avoid any potential disclosure of information about individuals.

# Health Summary for Maidstone

The chart below shows how the health of people in this area compares with the rest of England. This area's result for each indicator is shown as a circle. The average rate for England is shown by the black line, which is always at the centre of the chart. The range of results for all local areas in England is shown as a grey bar. A red circle means that this area is significantly worse than England for that indicator; however, a green circle may still indicate an important public health problem.



## Indicator Notes

1 % people in this area living in 20% most deprived areas in England, 2010 2 % children (under 16) in families receiving means-tested benefits & low income, 2011 3 Crude rate per 1,000 households, 2012/13 4 % key stage 4, 2012/13 5 Recorded violence against the person crimes, crude rate per 1,000 population, 2012/13 6 Crude rate per 1,000 population aged 16-64, 2013 7 % of women who smoke at time of delivery, 2012/13 8 % of all mothers who breastfeed their babies in the first 48hrs after delivery, 2012/13 9 % school children in Year 6 (age 10-11), 2012/13 10 Persons under 18 admitted to hospital due to alcohol-specific conditions, crude rate per 100,000 population, 2010/11 to 2012/13 (pooled) 11 Under-18 conception rate per 1,000 females aged 15-17 (crude rate) 2012 12 % adults aged 18 and over, 2012 13 % adults achieving at least 150 mins physical activity per week, 2012 14 % adults classified as obese, Active People Survey 2012 15 % adults classified as overweight or obese, Active People Survey 2012 16 Directly age standardised rate per 100,000 population, aged under 75, 2009-2011 17 Directly age sex standardised rate per 100,000 population, 2012/13 18 The number of admissions involving an alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2012/13 19 Estimated users of opiate and/or crack cocaine aged 15-64, crude rate per 1,000 population, 2010/11 20 % people on GP registers with a recorded diagnosis of diabetes 2012/13 21 Crude rate per 100,000 population, 2010-2012 22 Crude rate per 100,000 population, 2012 (chlamydia screening coverage may influence rate) 23 Directly age and sex standardised rate of emergency admissions, per 100,000 population aged 65 and over, 2012/13 24 Ratio of excess winter deaths (observed winter deaths minus expected deaths based on non-winter deaths) to average non-winter deaths 1.08.09-31.07.12 25 At birth, 2010-2012 26 At birth, 2010-2012 27 Rate per 1,000 live births, 2010-2012 28 Directly age standardised rate per 100,000 population aged 35 and over, 2010-2012 29 Directly age standardised mortality rate from suicide and injury of undetermined intent per 100,000 population, 2010-2012 30 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 31 Directly age standardised rate per 100,000 population aged under 75, 2010-2012 32 Rate per 100,000 population, 2010-2012 ^ "Regional" refers to the former government regions.

More information is available at [www.healthprofiles.info](http://www.healthprofiles.info) Please send any enquiries to [healthprofiles@phe.gov.uk](mailto:healthprofiles@phe.gov.uk)

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